As a soloist Mats Widlund has regularly worked with all Sweden's leading orchestras in more than 40 piano concertos and with conductors as Thomas Dausgaard, Hans Graf, Gennady Rozhdestvensky, Leonard Slatkin, Leif Segerstam, Bruno Weil and many others. His many piano recitals have included a series of Mozart's complete piano sonatas in the Stockholm Concert Hall. He has performed in Japan, USA, Canada, Russia, Turkey, Algeria and most European countries. Mats Widlund is also a passionate chamber musician and have made several high acclaimed CD's with some of the foremost instrumentalists in music by Beethoven, Ravel, Schostakovitch, Schönberg, as well as contemporary Swedish composers Edlund, Eliasson, Strindberg, Sandström, Nilsson etc.

Mats Widlund has made hundreds of radio recordings and has also recorded for several record companies. Particularly noteworthy are his recordings of Stenhammar's Piano Concerto No. 1 with Gennady Rozhdestvensky and the Royal Stockholm Philharmonic Orchestra (Chandos Records), Rosenberg's complete solo piano music including the Piano Concertos with Petter Sundqvist and the Swedish Radio Symphony Orchestra (Daphne Records) and Dag Wirén's Piano Concerto with Petri Sakari and the Swedish Chamber Orchestra (Caprice). He is artistic director of the Trelleborg Piano Festival since 2005 and the Chamber Music Festival in Sandviken since 1992 (together with flutist Tobias Carron).

Mats Widlund is a highly esteemed teacher and was appointed professor at the Royal College of Music and Edsberg Manor 2002. He is regularly requested as guest professor (Acc. Santa Cecilia Bergamo, Rome, Biella, Salerno, Tallinn, Helsinki, Oslo, Aurora Chamber Music etc) and he has been a juror for piano competitions in Russia, Italy, Finland, Estonia, Denmark and Sweden. Mats Widlund studied with Greta Erikson at Royal College of Music in Stockholm and with Sergio Marengoni in Brescia. He also attended master classes with Guido Agosti, Vlado Perlemuter and Radoslav Kvapil among others.