Yuliya Ostapchuk was born in Lviv, Ukraine. She began learning the violin aged six, with Oksana Andreyko and later, with Maria Futorska at the S.Krushelnytska Music School of Lviv. From a young age, she has been awarded prizes at several international competitions across Europe and has participated in masterclasses with teachers such as Mikyung Lee, Berent Korfker, Jan Schmolck, Mateja Marinvovic, Jack Liebeck, Yossi Zivoni, Felix Andrievsky, Levon Chilingirian, Jan Schmolck, Matthew Scievener, Nicole Wilson. Nathaniel Anderson-Franck, Nicholas Miller, Mark Messenger, Itzhak Rashkovsky, Radu Blidar and Jonathan Stone. Ostapchuk has also performed concerti with orchestras in Ukraine, Slovakia and the UK.

At the age of 12, she moved to England to study at the Purcell School of Music as a recipient of The Music and Dance Scheme Scholarship and The Helen Roll Charity. Ostapchuk studied the violin with Evgeniy Grach and later, under the Head of Strings, Charles Sewart. In that time, she won the concerto prize at Ealing Festival, performed recitals at the Milton Court as well as the Wigmore Hall, made her debut of Prokofiev's Violin Concerto No.1 with the Sidcup Symphony Orchestra conducted by James Ross and led the Purcell Orchestra at the Deal Festival as well as at The Duke's Hall. Ostapchuk won the Arthur Felsenstein Leavers award just before joining The Royal Academy of Music in September 2017, under the guidance of So-Ock Kim and Philippe Honore and as a recipient of the Mr and Mrs Steven Smith Scholarship award as well as St Marylebone Educational Foundation Award and Albert Cooper Music Charitable Trust Award. Since then, Yuliya has been involved in several orchestral projects including the Echo Ensemble, Hornton Chamber Orchestra, London Young Sinfonia, Orien Orchestra, One Orchestra (MOLTO Music), Giardino Strings as well as the City of London Soloists, performing Vivaldi's 'Winter' with the ensemble.