Xiao Hanxi started learning flute at the age of 7 and was admitted to the School of Music of Shanghai University with excellent grades in 2022. She studied under the Director of the Wind Music Professional Committee of the Shanghai Musicians Association, Flute Teacher of the School of Music of Shanghai University, and Yao Jing, the Visiting Chief Flute Teacher of the Suzhou Symphony Orchestra. She also studied under Cheng Xiaohua, a famous Chinese performer, the Chief Flute Officer of the Chinese Philharmonic Orchestra, and a specially appointed teacher at Renmin University of China. She has been studying under the guidance of Deng Li, the Deputy Secretary General of the Hunan Wind Music Society, a former performer of the Changsha Symphony Orchestra, and currently a Flute Teacher at the School of Music of Hunan University of Commerce. She has also received guidance from renowned Hunan teachers such as Zhao Jianhua, Chen Zhao, and Liang Aizhong.

In 2015, she was admitted to the Hunan Youth Symphony Orchestra and served as the chief piccolo player. She accompanied the orchestra to Taiwan to perform in collaboration with the Taipei Philharmonic Youth Symphony Orchestra. In August 2017, she performed with the orchestra at the Beijing Concert Hall and the Shanghai Poly Grand Theatre. In 2016, she was admitted to the Changjun Orchestra, and in 2020, she served as the chief flutist. She participated in all official competitions and performances of the Changjun Orchestra during her junior and high school years. In 2016, she participated in the 5th National Art Exhibition for Primary and Secondary School Students and won the first prize. In 2018, she won the first prize at the 6th Hunan Provincial Art Exhibition for Primary and Secondary School Students. And accompanied the group to perform in famous music seasons in Hunan, such as "Elegant Art on Campus", "Elegant Rhyme in Three Xiangs", and "Master of Xiangjiang's Last Coming". In the 2018 Hunan First Wind Solo and Ensemble Competition, the Flute Junior High School Group won the gold medal. First place in the 2019 Changjun High School County Art Star Woodwind Quintet Special Award. In the summer of 2022, we held a special public welfare performance with our partners at the Hunan Concert Hall, and won the first prize in the professional group of the 2022 Magnolia International Music Festival Wind Music Competition. Invited to participate in multiple performances by the Xiaoxiang Philharmonic Orchestra of the School of Music at Hunan Normal University.