

Hrefna Vala Kristjánsdóttir is 16 years old and she is a student at Kvennaskólinn in Reykjavík (high school). She has been studying the flute since she was nine years old, at Tónlistarskólinn í Kópavogur Music School. Her main teacher there is Pamela De Sensi.

Hrefna Vala has a younger sister who is also a music student (violin), has two cats and lives with her family in Kópavogur, a suburb of Reykjavík.

She loves to practice, reading good books and spending time with her friends and family.