Viola Asoskova started playing the piano at the age of 6 in the class of Jekaterina Rostovtseva at Tallinn Music High School. Since September 2018 Viola has also been studying with Professor Peep Lassmann. In the year 2021 started studying at the Estonian Academy of Music and Theatre in the class of Peep Lassmann. In 2022 she studied at the Academy of Music Franz Liszt Weimar with the Erasmus+ program in the class of Professor Christian Wilm Müller.

Viola was chosen as one of three participants for the Eesti Kontsert 2024/25 season mentorship program "Lift". In July 2022 and 2023 gave recitals in The Netherlands and Germany at the Piano Festival Nieder Rhein Lande. In 2022 got invited to participate in the International Piano Academy "Feuerwerk" in Germany. In 2020 and 2022 she also took part in the international piano festival "Klaver" in Tallinn. In 2019 she was a participant in a modern music workshop and tour (Germany, the Netherlands, Belgium) Epoche_f. In 2016, Viola was a member of the Tallinn Philharmonic Society project, in which she played a role as a soloist with the Tallinn Chamber Orchestra. Viola has taken part in music festivals such as the "Piano City Milano" in Italy and "Festival Afekt" in Estonia. Noteworthy performances include concerts in the theater "Bouffes du Nord" in Paris, Carnegie Weill Hall in New York, and Murray Edwards College Cambridge in the UK.

Viola is the prize winner of numerous international competitions in France, China, the USA, Italy, Finland, Switzerland, and others. In 2019 she won the EMCY Prize.